

Learn all about pigs with Hannah and Mario



With lots of activities for you to do and colour

## **NOT ALL PIGS ARE PINK**

More than **29 different breeds** of pigs are raised for pork.

Yorkshire, Landrace and Duroc

are popular breeds on Canadian farms.

Some (non-pink) pigs from other parts of the world are Hampshire, Tamworth, Oxford Sandy Black and Spotted.



YORKSHIRE



HAMPSHIRE



DUROC



TAMWORTH



BELGIAN LANDRACE



OXFORD SANDY BLACK



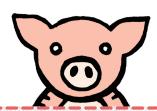
FRENCH LANDRACE



SPOTTED

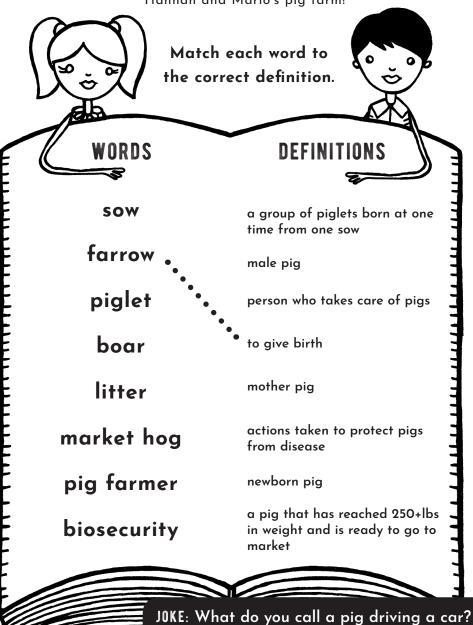


**NORWEGIAN LANDRACE** 



#### **PIGTIONARY**

Here are a few words you need to know to get around Hannah and Mario's pig farm!



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ANSWER: A road hog.

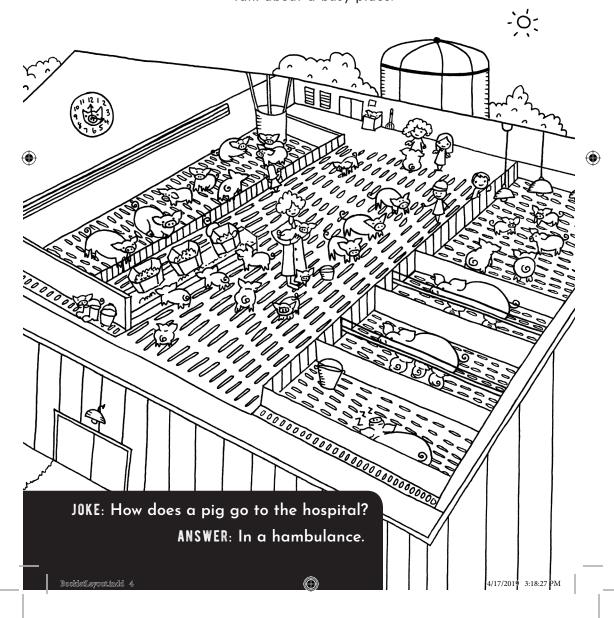
#### THIS LITTLE PIGGY

This hog farm is busy! Pigs need food, water and to be treated with care to grow up healthy and strong. Veterinarians who specialize in pigs help farmers keep their animals healthy.

How many pigs do you see in this barn?

This picture shows a small farm. The average hog farm in Ontario has 3,500 pigs, sows, boars and piglets.

Talk about a busy place.



## WHAT AM I?

Some Ontario hog farmers raise their pigs outside, but most keep their pigs in me. What am !?



Pigs need to eat a healthy balanced diet. I am something that pigs should NOT eat. What am I?







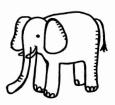


I start out very small, but I grow very quickly. I only weigh 2 lbs at birth and grow to over 200 lbs in less than six months. What am I?









I am the meat that comes from pigs. What am I?









I am the breakfast side dish that comes from the belly of the pig. What am I?









## L'IL PIG'S HOUSE



instructions so that you can help keep the

JOKE: What do pigs write letters with?

ANSWER: Pig pens.

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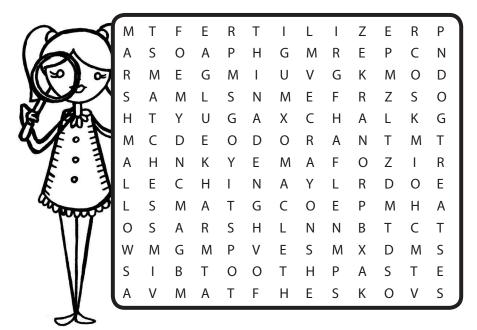
it is important to follow all of the farmer's

#### **EVERYTHING BUT THE OINK**

What do marshmallows and chalk have in common?

Bet you didn't know they are both made from parts of the pig! It's very important to pig producers in Ontario that nothing goes to waste. There are 12 more things that may be made from parts of the pig hidden in the word search.

Can you help Hannah find the following by-products in the word search?

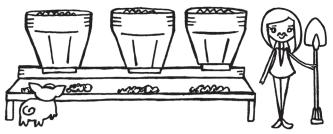


SOAP DOG TREATS MARSHMALLOWS FERTILIZER DEODORANT CRAYONS TOOTHPASTE CHINA GLUE CHALK MATCHES GUM

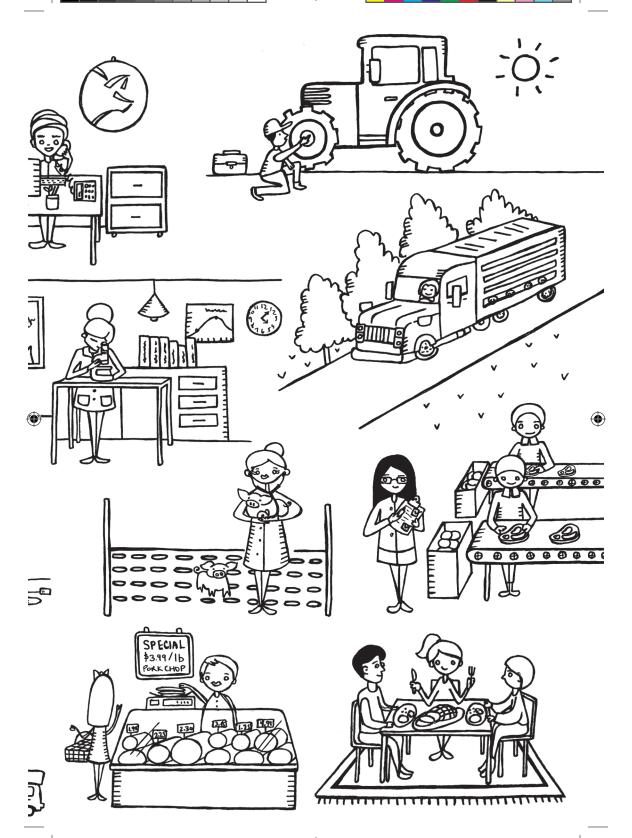
Other pig by-products help people. Insulin can help people with diabetes and pigs can provide new heart valves for people who need them.



It takes a lot of people to properly care for pigs to ensure that the delicious pork that ends up on your plate is safe to eat and tastes delicious. Look at this picture and name some of the many people who help bring pork from the farm to your plate.



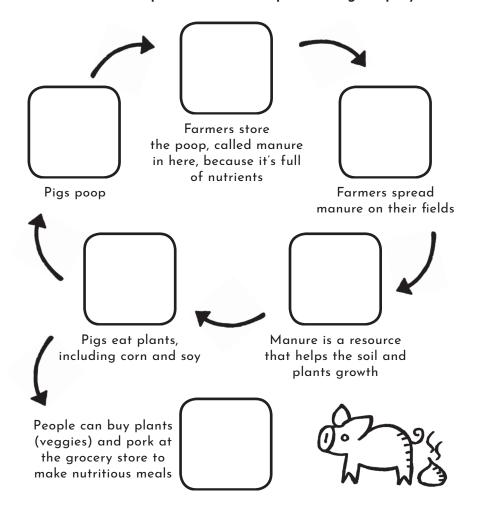




## PIG POOP CYCLE

#### FARMS ARE THE ORIGINAL RECYCLING PROGRAM

Draw in the correct picture at each step of the Pig Poop Cycle.



HINT: Here are the pictures you need to fill in the poop cycle.



#### LIFE OF A PIG

Pigs have a unique lifestyle compared to many other farm animals raised in Canada.

Help Mario complete this crossword puzzle about the life of a pig. Read the clues below and fill in the correct answer.

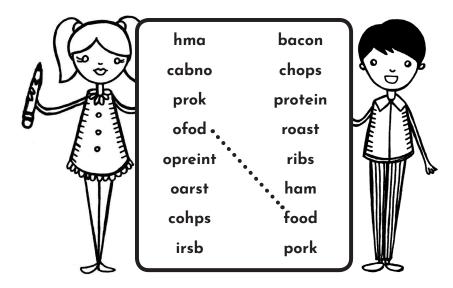
	2	GROWER-F FARROWING PEN											
6						3							
			BIR	SER TH KET					1				
4			_										

- 1. A sow's gestation (pregnancy) lasts 3 months, 3 weeks and 3 days. On average a sow will have 10 to 14 piglets in a litter and gives \_\_\_\_\_\_.
- 2. This setup is designed to keep piglets safe while they nurse from the sow. Piglets stay with the sow for 3 to 4 weeks in a \_\_\_\_\_ . (2 words)
- **3.** When piglets are weaned from the sow, they are moved to a warm \_\_\_\_ area. They eat grain-based feed and can play with enrichment toys.
- **4.** After a pig leaves the nursery it is called a \_\_\_\_\_\_\_. These pigs are raised in an area where they have lots of access to food and water. They stay there until they reach approximately 250 lbs. **(2 words)**
- **5.** Then the hogs are sent to \_\_\_\_\_. Each animal is inspected at the processing plant. Workers follow strict government guidelines for processing and handling animals.
- 6. Farmers select the pigs with the most desirable traits to stay on the farm to add to their herd or replace existing pigs. They are called \_\_\_\_\_\_\_.(2 words)

#### HAM SCRAMBLE

#### PIGS PROVIDE US WITH PORK.

Help set Hannah and Mario straight by matching each scrambled word with the correct spelling.



## FILL IN THE BLANK

#### PROTEIN STRONG LOW HEALTHY FAT

Our bodies need a variety of foo	ods to stay
and	
Pork is a good source of and minerals.	, iron, B-vitamins
Pork tenderloin is lean and	in

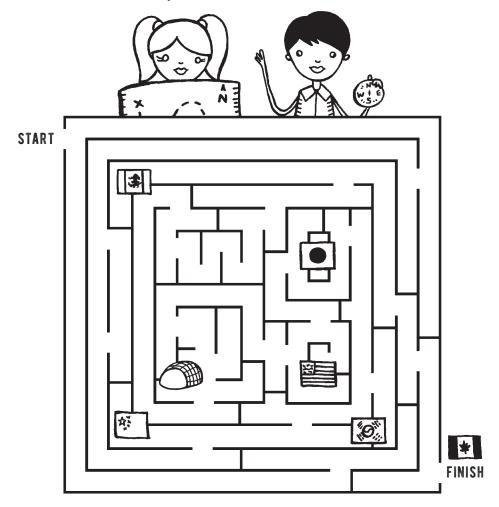
JOKE: What do pigs do after school?

ANSWER: Their hamwork.

#### A-MAZING PORK

Did you know that the Chinese were the first people to raise pigs for food over 2,000 years ago? Canadian pork is exported by boat to many countries. People in faraway places like Japan, China, Korea and Mexico like to eat pork from Canada.

Follow the maze with Hannah and Mario to find out where the best pork in the world comes from.

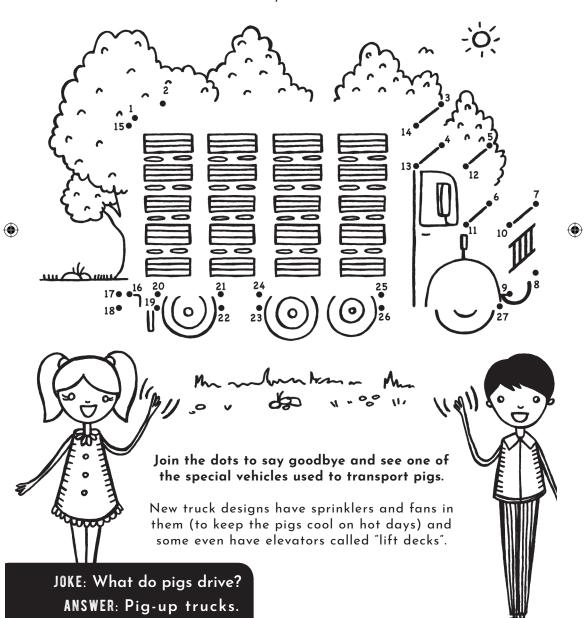


JOKE: What do you get when you cross a pig and a centipede?

ANSWER: Bacon and legs.

## **COME AGAIN**

Raising the best pigs in the world is a big job. Maybe one day you'll visit a farm like Hannah and Mario's to see what it's really like. We think pigs are great! After learning a bit about pigs, what do you think?



# PORK IS DELICIOUS... AND HEALTHY

Pork has 13 essential nutrients that help keep you healthy and strong.



Excellent source of: Protein, vitamin B12, thiamin, niacin, selenium, phosphorus and zinc Good source of: Riboflavin and potassium

Source of: Iron, magnesium and pantothenate

#### **PORK HELPS TO:**



Build and repair body tissue



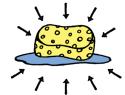
Boost energy levels



Make you feel fuller longer



Develop antibodies and strong muscles



Support the absorption of nutrients



Canada's Food Guide suggests that one quarter of your plate should be a healthy protein. Lean cuts of pork such as tenderloin are an excellent option, because they are low in fat. Plus, lean pork is naturally low in calories and packed with nutrients including iron and B-vitamins.

## **FUN FACTS ABOUT PIGS**

A sow (mother pig) has 10-14 piglets at one time and has two litters of piglets each year.

Pigs gestate (are pregnant) for 3 months, 3 weeks and 3 days. Cows gestate for about 9 months and 2 weeks.

Horses gestate for almost 1 year.

Pigs keep themselves and their pens clean.

The old saying "Sweat like a pig!" is not correct. Pigs don't sweat! When pigs are hot, they pant.

Pig farmers reduce, reuse and recycle by using pig manure to fertilize farmland.

Ontario pork is sold in over 90 countries, including the United States, Japan, Korea, Mexico, China and Canada! Ask for it the next time you are in the grocery store.



www.ontariopork.com

Artwork by Jenna's Doodles

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